

Patient: Asa Hillstedt
Rormostvagen 125
43493 Vallda, Sweden

Urine Halides

Iodine

24 hour excretion: *Reference Range*
0-50mg/24 hour

% excretion/24 hr:

Iodine body sufficiency is achieved when the 24 hour urine collection contains 90% or more of the amount of iodine/iodide ingested¹. For specific iodine supplemental recommendations, please consult your health care provider.

Bromide

24 hour excretion *Reference Range*
<5mg/24 hour

Bromide adversely affects iodine utilization. Serum bromide is approximately double urinary levels. The national average for Bromide is 1-2mg per 24 hours

24 hour collected: 1/21/2015
Volume collected in 24 hours: 2100mL
Loading Dose: 50mg

Date Received: 1/30/2015
Date Analyzed: 1/30/2015
Methods: I, Br measured by ICP-MS.
F measured by Ion Selective Electrode